

Philosophy of Approach:

Participants will make art themselves as understanding always comes out not only through theory, but personal experience. Participants do not need to have any previous experience or expertise in art. Through the training we hope that each participant will be provided with an experience which will lead to understanding that will compliment with their work as social workers.

Learning Objectives:

1. Gain an understanding of some basic concept of Art Therapy
2. Gain an understanding of some basic principles in using art in the context of social work
3. Be able to use of art as a tool to have a better understanding of our clients as a personal means of expression to communicate feelings
4. Practical application of using art in social work intervention.

Art therapy is

a form of psychotherapy that uses art media as its primary mode of communication. It involves the use of visual and tactile media as a means of self-expression, reflection and communication in the presence of a trained art therapist. Where words come with difficulty, or are unavailable, art can provide an important outlet for feelings. Qualified art therapist is there to encourage, support and aid communication within a safe and facilitating environment, enabling the client to effect personal change and growth.

This course aims at introducing social workers/ counsellors to the potential safely using the arts in their own work setting. This is NOT an art therapy training, but the training will address the theory and the practice of different elements in the sensitive use of art in the context of social work.



An Introductory Course in the Sensitive Use of Art for Social Work/ Counseling Intervention

(Particularly working
with C & Y with
Traumatic
experiences)

Content

Each session will follow a similar structure and will include theory, art making and discussion.

SESSION 1: Introduction to Art Therapy (7/3/2018)

IT is an introduction to Art Therapy and will introduce some of the basic premises of art therapy.

SESSION 2 & 3: Materials (14/3 & 21/3/2018)

Participants will have the opportunity to experiment with specific art materials. This workshop will focus on art materials. Trainer will introduce participants to the different materials with focus on their role in facilitating psychological processes, and emotional stability, as well as on their advantages and disadvantages or limits of each materials. Participants will have the opportunity to experiment with different art materials.

SESSION 4: Directive (theme) VS Non-directive (open) (28/3/2018)

It aims to allow participants to experience the difference between working within a directive (theme) or non-directive (open art) style, and understand the implications within the therapeutic context.

SESSION 5: Taking a long look at art (11/4/2018)

It will address the subject of interpretation of the image. The main focus will be on how art therapists look at, understand, and work with the images that emerge in the therapeutic context.

SESSION 6: Supervision (18/4/2018)

Application of art in the social work/ counseling context: This workshop will address the populations that social workers/counselors encounter with a focus as to how art can be applied is used in various settings and with different age groups. The aims of this session is to relate the sensitive use of art learned over the previous lessons to different working contexts in which social workers may work. Participants will be encouraged to bring and present their own cases and come prepared to present a situation in which they have used art.

Trainer

CHAN Siu Mei, May (MA Art Psychotherapy, BA & MA in Social Work), is an art psychotherapist and BAAT approved supervisor, Certified Trauma Practitioner (The National Institute for Trauma and Loss in Children). Her primary training was completed in Hong Kong in social work and had been working as a social worker in the Boys' & Girls' Clubs Association of Hong Kong from 1993-2006. May is registered with the British Health Professional Council following further postgraduate clinical training at Goldsmiths College, University of London in 2006-2008. Whilst at Goldsmiths she specialized in working with children and adults with a variety of learning and emotional problems. May is now working clinically in the Boys' & Girls' Clubs Association of Hong Kong as an art psychotherapist for children and adolescents with emotional and mental health difficulties especially those who have experienced traumatic events in their life time. May has also run groups for different target groups such as gay adolescents; children with post-traumatic stress disorder, children with depressed parents, children living in small group homes and children with drug abuse parents and teachers' growth group.

May is the former Treasurer and Vice President of the Hong Kong association of Art Therapists (2009-2015). Her most recent edited books were "Art Therapy In Asia: To the Bone or wrapped in Silk" (2012) and "Walking through the traumatic days together" (2015).

Schedule of "An Introductory Course in the Sensitive Use of Art for Social Work/ Counseling Intervention"

	Session 1	Session 2 & 3	Session 4	Session 5	Session 6
Date	7/3/2018	14/3 & 21/3/2018	28/3/2018	11/4/2018	18/4/2018
Time	0930-1230				
Venue	Rm 607, 3 Lockhart Road, Wan Chai, Hong Kong. (The BGCA Headquarters)				
Target	For Those who are working in Social Work or Counseling Field, interested in incorporating art media at work.				
Fee	\$ 3,500 (Registration on or before 31 st January, 2018) \$ 4,000 (Registration after 31 st January, 2018)				

Inquiry: 2823 8639 (May Chan)

Enrolment Form

An Introductory Course in the Sensitive Use of Art for Social Work/ Counseling Intervention

(mail the complete enrolment form with crossed cheque payable to “The Boys’ & Girls’ Clubs Association of Hong Kong” to “Jockey Club Trauma Treatment Service for Children, 601, 3 Lockhart Road, Wan Chai, Hong Kong”.)

Name (To be written on the certificate of attendance in English) : _____

Title (Prof. /Dr. /Mr. /Ms.) : _____ Tel : _____

Email: _____

Occupation: _____ Organization: _____

Corresponding address: _____

Course Fee (Registration on or before 31 st January, 2018)	\$3,500
Course Fee (Registration after 31 st January, 2018)	\$4,000
Enrolment Deadline	21/2/2018

Remarks

Acceptance notice will send via e-mail prior 1 week of the course commencement.

Receipt and certificate of attendance will be issued after the participants have finished the course. Please keep the receipt and no re-issue will be made.

The participant is prohibited to videotape or take photos throughout the whole course.

Please be punctual. Late attendance or absent from course will deduct the accredited hours. Late more than 30 minutes will be counted as 1 hour. The certificate only shows the actual attendance hours.

No make-up class will be made. No food is allowed during the course

Withdrawal before 30 days of the course will charge \$500 for administration fee. Withdrawal before 16 -- 30 days of the course will charge 30% of the course fee. Withdrawal before 1 – 15 days of the course will charge 50% of the course fee.

The Boys’ & Girls’ Clubs Association of Hong Kong (BGCA) reserves the right to cancel this course in the event of unforeseen circumstances. In such occurs, BGCA will attempt to notify registrants at least 10 calendar days prior to the course and refund all registration fees. In all instances, the liability of BGCA is limited to refunding registration fees.

1. Should a typhoon signal No.8 or Black Rainstorm be hoisted within 3 hours, the course will be cancelled. Reschedule of the course will be made on the designated date.

2. Where the typhoon signal No. 8 or Black Rainstorm is lowered, the course will commence 2 hours after the discontinuation.